

*The Parish Magazine
of St Stephen's Church
Guernsey*



August 2024

Hello all and happy August !



As you will have realised by now; I usually put a picture that is pertinent to the season on the front of the magazine, but sometimes, especially in the summer, I like to use summery pictures of Guernsey. This month though I have a treat; Aileen sent me a lovely photo that she took of the church garden and, unbeknown to her, I love it so much that have decided it needs to be seen by you all!

Speaking of things that I love; I came across this quote from Shakespeare that I would also like to share with you.

“Life is short, So love your life, Be happy& keep smiling. Just live for yourself & before you speak, listen. Before you write, think. Before you spend, earn. Before you pray, forgive. Before you hurt, feel. Before you hate, love. Before you quit, try. Before you die, live.”

You will see from this issue that there are plenty of jolly church events to look forward to as well as a (finally!) beautiful summer, so let's take his advice; live, love and be happy!

As a start I, of course, send my love to you all., and that will never change!

Nikki

**All contributions for the September magazine
will be gratefully received!!.**

Copy deadline will be Friday 23rd August 2024

Send to nikkiattwooll@gmail.com

As Long Ago as...



A year ago I was saying my farewells to family and friends in South Africa... this thought came up in my quiet time today. A year ago, was it really? I arrived in Guernsey on a beautiful summer's day (*hoping for more of those*) in mid-August 2023 and so much seems to have happened since then.

If I look back on the list of many adventures that I had planned for living in Guernsey, quite close to the top of the list would have been the desire to see a real live puffin. Very fortunately, a few weeks ago we were able to take the boat trip to see them in their natural habitat. I think I fell in love with puffins when I read Enid Blyton books as a child; she made them sound so fascinating. What she did not do was to tell us how small they actually are, which came as a bit of a surprise. The fact that they are only here for a short season made the trip so much more special.

We have enjoyed seeing so much else of the island, like the flowers and the lanes blooming with colour, and some new birds to try and identify. We can often take some of these small things for granted, and yet God is aware of them all, "**not one of them will fall to the ground outside your Father's care.**" (Matthew 10:29b). In the Church year we also go through different seasons, we are currently in the season after Trinity Sunday, where the colour of the day is usually green. This is also called Ordinary Time and is a season for growth and for consolidation in our faith journey. This is the time when we should be taking care of ourselves and one another, especially when the weather allows us to enjoy this idyllic island lifestyle.

The rhythm of the Church Season's acts as a constant reminder that each of us is on a pilgrimage journey of faith and trust in God. Until that day when we meet Jesus face to face at the Pearly Gates, we are constantly evolving in our understanding of what it means to be a beloved child of the Loving God. This should not be a scary passing of time nor one filled with fear of God's wrath at the end of it. It is a time for discovering (hopefully daily) what secrets God has in store for us as He shows us glimpses of His complete love for us. "**So don't be afraid; you are worth more than many sparrows.**" (Matthew 10: 31).

Swimming in the sea (as often as my diary allows) is also one of my favourite ways of celebrating the goodness of God in His creation. I am not as brave (I could think of a few other words) as those who swim all year round. There comes a time when my body tells me that the season is over, usually when I get out and my hands are white. It is a reminder that we need to appreciate all the blessings around us that God sends our way, for they may well fade and become only a memory.

Dear friends, I hope that you enjoy our summer edition of the magazine. It is full of interesting articles and joyous delights, with the odd bit of humour to keep us entertained. Thank you for all your love and support for me, my ministry and my precious family. We are so happy that God has called us to move to this beautiful space to be with you all. As my first year here draws to a close, I am so humbled to be your Vicar, thank you. I look forward to creating many more memories over the seasons that lie ahead.

God bless you and keep you close to His heart.
All my love
Fr Joe

DATES FOR YOUR DIARY

' A Very Special Celebration'

Sunday August 25th

will be the anniversary of Fr Joe's first Mass at St Stephen's. This is something very special to celebrate so we are inviting all the congregation to stay after the service for a glass of wine and a piece of cake. We are so blessed that Fr Joe and his family have come to our church and brought with them so much enthusiasm and positivity so we would like to show our thanks to them for all they are doing for us."



Family bring and share picnic

Sunday 8 September from 12.30pm to 2.30pm

In the garden or the Church if wet
Bring your whole family and friends
Coffee . Tea and Squash will be provided.
Games and craft activities for the children (and young at heart adults!)



Boules and Fish and Chips

This will be held in the garden on

Friday September 13th at 6.00 p.m.



We would like as many teams of 4 as possible from the congregation including maybe 2 from the choir, 1 from the Servers, 1 from the St Stephen's Players, 1 from the Sidesperson rota etc. The Guides and Scouts will also be invited to take part. Please bring your own drinks, and a set of boules if you have any. An order form will be available a couple of weeks before for your fish and chips order. If it is raining, the event will be held in the Community Centre and Fr Joe will organise a quiz.



NERD CORNER



Patience is a virtue the wait is now over and you can settle back relax and absorb the fascinating subject of the anatomy of an ink cartridge.

My experience has mainly been with domestic style HP print cartridges and so this article relates to these.

There are basically two types of cartridge the ones with a printhead and the ones without (in which case the printhead within the printer itself).



Within the cartridges there are chambers which contain sponges that hold the ink.

Print cartridges without a print head has a circular port at the bottom that you can see the sponge containing the ink in. When in place this connects to the print head in the printer. You may have noticed that there are standard cartridges and XL ones which have a bigger print capacity and therefore more expensive. The cartridge labelled 'A' in the photo above has a front chamber and back chamber, the XL cartridge has ink in the back chamber and a small hole in the bottom of the chamber wall allowing the ink from the back chamber to feed the sponge in the front chamber. Clever ay?! So the additional cost is for a bit of ink and a hole!

In the colour ink cartridge with a printhead there are three chambers one for each of the primary colours yellow, magenta, cyan. (One chamber at the top and two side by side below it.) Annoyingly there doesn't seem to be a standard positioning of the colours in these chambers. Even within the HP range the colours can be in different positions so if you are filling them you need to check before launching into refilling. (more about that in the next episode of 'Nerd Corner')

When you start a new cartridge you remove a tape before placing it in the printer, this opens up an air channel which allows the ink to flow. Think of a straw placed vertically in a basin of water if you put your finger over the top and remove the straw the water will stay in the straw until you take your finger off the top and then the liquid pours out, it's the same principle as this.

You will notice a little gold plate on the cartridge which connects to a similar plate in the printer so they can talk to one another (sweet) Its worth pointing out that if there is dirt on these the printer will have a paddy and say it can't communicate with the cartridge or there is a problem with the cartridge. A nice little polish with a lint free cloth should sort this out. (microfibre clothes are a boon....don't get me started on that..another of my favourite subject!, perhaps I'll have to write an article about those unless you can find something more fascinating?)

Next months joy will cover the filling of cartridges and 'when is an ink cartridge empty! I bet you can't wait....

Boy aged 4: Dad, I've decided to get married.

Dad: Wonderful; do you have a girl in mind?!

Boy: Yes... grandma! She said she loves me, I love her, too....and she's the best cook & story teller in the whole world!!

Dad: That's nice, but we have a small problem there!!

Boy: What problem?!

Dad: She happens to be my mother. How can you marry my mother!!

Boy: Why not?! You married mine!!!!



Really Reliable Recipe

Father Joe' s Beef in Guinness stew

Ingredients:-

1kg Steak (cubed) 2 large carrots (sliced)
2 large brown onions (chopped) 2 cloves garlic (crushed)
¼ Cup plain flour 1 Cup beef stock
½ Cup prunes (halved and pitted) 3 bay leaves
1 Can Guinness Herbs to taste (thyme, pepper)

Method:-

Brown the onions in a little oil, then add garlic.
Once golden, remove from pan.
Add meat to the pan and brown on all sides.
Reduce heat and add flour until all the meat is coated.
Add stock and Guinness and stir until simmering.
Add onions, carrots and herbs, keeping stirring.
Simmer gently for 1½ hours, stirring occasionally to prevent catching.
Cook uncovered so that sauce can reduce and thicken.
Add the prunes for the final 30 minutes of cooking.
Serve garnished with chopped parsley.

The addition of prunes adds sweetness and balances the distinctive bitterness of the Guinness. Best enjoyed with a good helping of Irish soda bread:

Soda Bread

Ingredients:-

2Cups self-raising flour (wholemeal)
2Cups self-raising flour (white)
1teaspoon Bicarbonate of Soda 2-3Cups buttermilk

Method:-

Preheat oven to 190°. Grease a baking tray with butter.
Sift flours and bicarbonate of soda into a large mixing bowl.
Add buttermilk to moisten the ingredients and form a soft dough. (*The amount of buttermilk required will depend on the strength of the flour*).
Turn dough onto a floured surface and knead lightly until smooth.
Press into a 20cm round and place on the greased baking tray.
With a floured knife score a deep cross, once third of the depth of the dough.
Brush with water and sprinkle with a little flour.
Bake for 20-30 minutes, or until bread sounds hollow when tapped with fingers.

For a variation to the bread, you can add some mixed herbs to the flour mix beforehand.



EXAMEN OF CONSCIOUSNESS



Daily may we look deep within ourselves
and try to answer these questions:

Have the ears of my heart opened to the voice of God?

Have the ears of my heart opened to the needs of my
sisters and brothers?

Have the eyes of my heart beheld the Divine face
in all created things?

What do I know, but live as though I do not know?

Is there anyone, including myself, whom I need to forgive?

When did I experience my heart opening wide today?

What is the one thing in my life, standing on tiptoe crying,
“May I have your attention please?”

Based on the suggested wisdom of Sr Macrina Wiederkehr (1939-2020)

Handy Household Hints

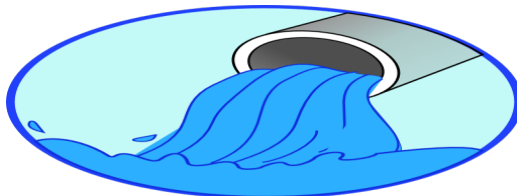
If you are tired of blocked drains and high priced call outs for plumbers, try these two tricks and see if they work:
Before you start, try to get as much water out of the drain as you can, then either:

Pour Bicarbonate of Soda down the offending drain. Add some white wine vinegar. Be careful as it fizzes a lot.

Pour 2l of Coca-Cola down the drain.

Leave for a time and then pour some hot water down. It should all go through easily.

If not, repeat the process... or call the plumber.



THE CHURCH

One of the tragic aberrations of so-called modern religion is “Churchless Christianity.” The assertion is that it is Christ who saves us, not the Church, so “all you need is Jesus.”

Few who claim to be Christians would argue against the statement that it is Christ who saves. For He is the eternal Son of God who has assumed human flesh, and has done so “for us and for our salvation” (Nicene Creed). Thus Paul writes, “For *there is* one God and one Mediator between God and men, *the Man Christ Jesus*” (1Ti 2:5).

But because this Mediator established the Church which is His body, we who are joined to Him are joined to His Church as well. To say we love Christ, who is Head of the Church, and at the same time reject His body is to deny New Testament teaching.

The Gospel and Acts. The first use of the word “church” (Gr. *ecclesia*) in the New Testament comes in the Gospel of Matthew, when our Lord gives His approval of Peter’s confession of faith and promises, “I will build My church” (Mt 16:18). Jesus Christ builds, and we cooperate with Him.

The Book of Acts amplifies what Jesus meant in Matthew 16. When Peter’s sermon on the Day of Pentecost concludes, those present ask for guidance toward salvation: “What shall we do?” (Acts 2:37). Following Peter’s word, they are baptized and join with the other believers, three thousand of them (Acts 2:38, 41).

Having been joined to Christ and His Church, these baptized believers begin living as the body of Christ. We find them looking after each other, using their personal resources for one another’s care, continuing together in prayer and in the Eucharist (Acts 2:42–47). From this point on “the Lord added to the church daily those who were being saved” (Acts 2:47), and throughout Acts, we see the Church being built as the Gospel of Christ spreads.

The Epistles. Paul’s instructions in his letters to the churches throughout the eastern Mediterranean clearly show what it means to be members of Christ: to be the Church and to be in the Church. Nowhere in the New Testament is Paul’s teaching on the Church more fully disclosed than in Ephesians 4. He instructs us that:

1 The Church is *one*, “endeavoring to keep the unity of the Spirit in the bond of peace” (4:3). There is one Church, one God, one doctrine, one baptism.

2 The Church is *people*, men and women who are energized by the Holy Spirit. For “to each one of us grace was given according to the measure of Christ’s gift” (4:7). We are not all given the same gifts, but together we are equipped to do God’s will.

3 The Head of the Church is *Christ*, “from whom the whole body [is] joined and knit together” (4:16).

4 The Church is “*the new man*” (4:24), the new creation, made to be righteous and holy. We are no longer alienated from God (4:18); we are being renewed together (4:23), “members of one another” (4:25).

The Church, then, is that place established by Christ where we each may become what we are created to be, maturing and being perfected, while the Church receives what it needs from each of us, so that it too is being perfected. The Church as the body of Christ carries us beyond our petty and worldly personal concerns, stretching our vision to the eternal and the heavenly as we ascend together to worship the Father, the Son, and the Holy Spirit.

ST STEPHEN'S PARISH CALENDAR

August. 2024

Sunday Aug 4	The Seventh Sunday after Trinity 9.30am Said Mass 11.00am Sung Mass 2.30pm - 4.00pm Family Service
Monday Aug 5 - Friday Aug 6	08.00am Morning Prayer
Tuesday Aug 6	11.00am Weekday Mass
Saturday Aug 10	10.00am – 11.30am Coffee morning
Sunday Aug 11	The Eleventh Sunday after Trinity 9.30am Said Mass 11.00am Sung Mass
Monday Aug 12 - Friday Aug 16	08.00am Morning Prayer
Tuesday Aug 13	11.00am Weekday Mass
Saturday Aug 17	10.00am – 11.30am Coffee morning
Sunday Aug 18	The Twelfth Sunday after Trinity 9.30am Said Mass 11.00am Sung Mass
Monday Aug 19 Friday Aug 23	08.00am Morning Prayer
Tuesday Aug 20	11.00am Weekday Mass
Saturday Aug 24	10.00am – 11.30am Coffee morning
Sunday Aug 25	The Thirteenth Sunday after Trinity 9.30am Said Mass 11.00am Sung Mass 12.30pm Reception to celebrate Fr. Joe 1 st Year
Monday Aug 26 Friday Aug 30	08.00am Morning Prayer
Tuesday Aug 27	11.00am Weekday Mass
Saturday Aug 31	10.00am – 11.30am Coffee morning

CHOIRS 'END OF TERM' BBQ



During August the choir take a break from choir practices (although normal service is resumed on Sundays!)

Sometimes we have celebrated our last practice by going to the Rocquettes however very kindly Fr Joe and Aileen suggested we have a 'share supper' at the Vicarage.

We all took drinks, meat salads and something towards a dessert. It was very fortunate that the sun shone that day and it was beautiful evening.



There was plenty of chat, and excellently BBQ'd meat thanks to the chef or as we know him Father Joe!

Many thanks to Fr Joe and Aileen we had a super time!





The Guild of Intercession

Frank Dalla Johns 22/8/1917; Arthur Thomas 8/8/1926; Wilfred Henry Horne 18/8/1937; Jane Tourtel 2/8/1938; John Wakeford 28/8/1938; Reta Ivy Piesing 4/8/1949; John Thomas Hamon 9/8/1950; Mabel Augusta Pickford 1/8/1951; Cades Alfred Middleton Smith 2/8/1951; Frances Emily King 19/8/1952; Ada Bailey 6/8/1953; Joseph Thomas Williams 5/8/1954; Mary St Andrew Coldwell 23/8/1954; Louise Elizabeth Henschman 15/8/1956; Beatrice Mary Marquand 30/8/1956; Charles Henry Toms 23/8/1957; Frederick Locke 31/8/1957; Percy William Bird 2/8/1958; John Thomas Barber 14/8/1958; Frederick William Bourgaize 26/8/1958; George Udle 27/8/1958; Elsie May O'Toole 4/8/1959; John Frank Bertram 7/8/1959; Gwendoline Edith Sidgwick 26/8/1959; Eleanor Christine Mitchell 19/8/1960; Cyril Claridge Chambers 29/8/1960; Margaret Frances Palmer 11/8/1961; Leona Hart 30/8/1961; Walter Henry Greening 22/8/1962; Keith Martin 15/8/1965; Edward Louis Frossard (Priest) 13/8/1968; Harriett Winifred Quehen 14/8/1971; Clara Alice Horrell 27/8/1977; Clifford Frank Pinney 16/8/1978; Patrick William Gargan 15/8/1982; Albert Frank Fallaize 29/8/1986; Albert John Cochrane 22/8/1987; William Davison 18/8/1988; John (Jack) Carrington 31/8/1988; Phyllis Galliers-Pratt 31/8/1989; Mae England 1/8/1990; Doris Amy Hunt 11/8/1993; Mildred Edith Fallaize 30/8/1995; Jennifer Winifred Moore 18/8/1998; Margaret Winifred Cooper 3/8/2000; Ann Elizabeth Franklin 21/8/2005; Louise Alice (Phoebe) Le Vallée 11/8/2006; Martin Le Page 28/8/2008; Noorali Dewji Dhanji 20/8/2009; Ellen (Nell) Rosa Jane Hamon 28/8/2010; Royston Charles Ogier 20/8/2011; Peter Martin Cohu 27/8/2012; Ruth Butler 30/8/2012; Joan Rawson 19/8/2013. Monica Brook 21.07.21 Robert Jennings 27.07.21 Jeanne Groves 25/08/21

May They Rest in Peace and Rise in Glory

Parish Register
(July 2024)

A REGISTER
of Persons
BAPTIZED.

1691.

1695

Baptisms: Zayleigh Dragun
Weddings: None
Funerals: Phil Humphries

READINGS FOR AUGUST 2024

Sunday 4 th Aug	Tenth Sunday after Trinity (Proper 13)	Exodus Ch16 v2-4, 9-15 Ephesians Ch4 v1-16 John Ch6 v24-35
Sunday 11 th Aug	Eleventh Sun- day after Trinity (Proper 14)	1 Kings Ch19 v4-8 Ephesians Ch4 v25-Ch5 v2 John Ch6 v35, 41-51
Sunday 18 th Aug	Twelfth Sunday after Trinity (Proper 15)	Proverbs Ch9 v1-6 Ephesians Ch5 v15-20 John Ch6 v51-58
Sunday 25 th Aug	Thirteenth Sun- day after Trinity (Proper 16)	Joshua Ch24 v1-2a,14-18 Ephesians Ch6 v10-20 John Ch6 v56-69

SUNDAY SCHOOL HOWLERS



UNANSWERED PRAYER

The preacher's 5 year old daughter noticed that her father always paused and bowed his head, for a moment, before starting his sermon. One day she asked him why.

"Well honey," he began, proud that his daughter was so observant of his messages,

"I'm asking the Lord to help me preach a good sermon."

"How come He doesn't do it?" she asked

Hymns for August

SUNDAY 11.00am	4th Trinity 10	11th Trinity 11	18th Trinity 12	25th Trinity 13
HYMN	297	238	232	449
PROPER	704	705	706	707
Responsorial Psalm	78 (23-29)	34 (1-8)	34 (9-14)	34 (15-end)
OFFERTORY	345	374	473	336
COMMUNION	480	276	467 339	305
POST COMMUNION	'As the Deer'	225		475

Guilds, Clubs & Activities at St Stephen's

SUNDAY CLUB MESSY CHURCH	Andrea Bateman andrea.bateman@ yahoo.co.uk	1st Sunday of the Month	Church Vestry
RAINBOWS	Tamara Beach and Rachel Le Prevost 7thststephensrainbows @gmail.com	Wednesday 4.00pm - 5.00pm	Community Centre 5 – 7 years old
BROWNIES	Ellie Luce & Tamara Beach Tamara.beach@hotmail.com	Wednesday 5.00pm - 6.30pm	Community Centre 7 – 10 years old
GUIDES	Debbie Robilliard Tamara Beach and Sophie Leale Tel: 714850 + 07911 132440 beans975@gmail.com	Friday 6.00pm - 7.30pm	Community Centre 10 – 14 years old
RANGERS	Debbie Robilliard and Sophie Leale Tel: 714850 + 07911 132440 beans975@gmail.com	Wednesday 7.40pm – 9.00pm	Community Centre 14-21 years old
1st VICTORIA SEA SCOUT GROUP	Delphine Renaud firstgtsybea- vers@outlook.com	Beavers Monday 5.30pm - 6.45pm	Community Centre 6 – 8 years old
Group Scout Leader	Leon Gallienne firstgsyscubs@outlook.com	Cubs Monday 7.00pm – 8.30pm	Community Centre 8 – 10 years old
Rosalyne Le Huray Tel: 07781 127263	c/o Rosalyne Le Huray firstgsyscouts@outlook.com	Sea Scouts Wednesday 7.00pm – 9.00pm	Community Centre 10 – 14 years old
ST STEPHEN'S GUILD	Marg Kaines Tel: 254858	As arranged	Church 'housekeeping'
SERVERS Guild of the Servants of the Sanctuary	Tony Kaines Tel: 254858	As arranged	Info: www.GSSonline. org.uk
SOCIAL EVENTS COM- MITTEE	Tony Goss Tel: 728433	As arranged	St Stephen's Vestry
ST STEPHEN'S PLAYERS	Steph Dragun Tel: 255654	As arranged	Community Centre

ST STEPHEN'S CHURCH
Vicar: Father Joe Thompson
E mail joe.thompson@deanery.gg

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Honorary Assistant Priest
The Reverend Fr John Luff

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Vicar's Warden	Anne Le Maitre	Tel: 07781 112557
	Email :annemlemaitre@cwgsy.net	
Secretary (APCC)	Ann Goss	Tel: 728433
Treasurer	Tony Kaines	Tel: 254858
Sunday Club	Andrea Bateman	Tel 07781 167971
Safeguarding Officer	Steph Dragun	Tel: 255654
Electoral Roll Officer	Tony Goss	Tel: 728433
Director of Music	Felicity Millard	Tel: 725660
Community Centre	Jenny Lambert	Tel: 711701
	E-mail: ststephenscommunitycentre@gmail.com	
Flower Contacts	Ann Goss	Tel: 728433
Magazine Editor	Nikki Attwooll	Tel: 07781 144464

SUNDAY MASSES

9.30am	Said Mass
11.00am	Sung Mass with Sermon

WEEKDAY MASSES

Monday to Friday 8.00am	<i>Morning Prayer</i>
Tuesday 11.00am	<i>Said Mass</i>