



# Welcome to the Parish Church of St Stephen

Sunday 1st March 2020  
The First Sunday of Lent

**9.30am** Said Mass with Family Ministry  
**Hymns:** 67: S.14

**11.00am** Sung Mass with Sermon  
**Hymns:** 393: 67: 70: 64

## 676 *Invocabit me*

**Introit** He shall call upon me, and I will hearken unto him; I will deliver him, and bring him to honour: with length of days will I satisfy him.

**Psalm** Whoso dwelleth under the defence of the Most High: shall abide under the shadow of the Almighty. Glory be to the Father...

**Gradual** He shall give his Angels charge over thee: to keep thee in all thy ways. *∇* They shall bear thee in their hands: that thou hurt not thy foot against a stone.

**Tract** Whoso dwelleth under the defence of the Most High: shall abide under the shadow of the Almighty. *∇* I will say unto the Lord, Thou art my hope and my stronghold: my God, in him will I trust. *∇* For he shall deliver thee from the snare of the hunter: and from the noisome pestilence. *∇* He shall defend thee under his wings: and thou shalt be safe under his feathers. *∇* His faithfulness and truth shall be thy shield and buckler: thou shalt not be afraid for any terror by night. *∇* Nor for the arrow that flieth by day; for the pestilence that walketh in darkness: nor for the sickness that destroyeth in the noonday. *∇* A thousand shall fall beside thee, and ten thousand at thy right hand: but it shall not come nigh thee. *∇* For he shall give his Angels charge over thee: to keep thee in all thy ways. *∇* They shall bear thee in their hands: that thou hurt not thy foot against a stone. *∇* Thou shalt go upon the lion and adder: the young lion and the dragon shalt thou tread under thy feet. *∇* Because he hath set his love upon me, therefore will I deliver him: I will set him up, because he hath known my Name. *∇* He shall call upon me, and I will hear him: yea, I am with him in trouble. *∇* I will deliver him, and bring him to honour: with long life will I satisfy him, and shew him my salvation.

**Offertory** He shall defend thee under his wings, and thou shalt be safe under his feathers: his faithfulness and truth shall be thy shield and buckler.

**Communion** The Lord shall defend thee under his wings, and thou shalt be safe under his feathers: his faithfulness and truth shall be thy shield and buckler.

Stay in touch with St Stephen's: visit our website at  
<http://st-stephens-guernsey.org>

## Collect

Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves  
in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## Old Testament Reading - Genesis Ch2 v15-17 & Ch3 v1-7

<sup>15</sup> The LORD God took the man and put him in the garden of Eden to till it and keep it.

<sup>16</sup> And the LORD God commanded the man, 'You may freely eat of every tree of the garden; <sup>17</sup>but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

<sup>1</sup> Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' <sup>2</sup> The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; <sup>3</sup>but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' <sup>4</sup> But the serpent said to the woman, 'You will not die; <sup>5</sup>for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' <sup>6</sup> So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. <sup>7</sup> Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

## New Testament Reading - Romans Ch5 v12-19

<sup>12</sup> Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— <sup>13</sup> sin was indeed in the world before the law, but sin is not reckoned when there is no law. <sup>14</sup> Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

<sup>15</sup> But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. <sup>16</sup> And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. <sup>17</sup> If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

<sup>18</sup> Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. <sup>19</sup> For just as by the one man's

disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

## **Gospel Acclamation**

**Praise to you, O Christ, King of eternal glory.**

Blessed are those who have endured temptation;  
they have stood the test and will receive the crown of life.

**Praise to you, O Christ, King of eternal glory.**

## **Gospel - Matthew Ch4 v1-11**

<sup>1</sup>Jesus was led up by the Spirit into the wilderness to be tempted by the devil. <sup>2</sup>He fasted for forty days and forty nights, and afterwards he was famished. <sup>3</sup>The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' <sup>4</sup>But he answered, 'It is written,

"One does not live by bread alone,  
but by every word that comes from the mouth of God." '

<sup>5</sup>Then the devil took him to the holy city and placed him on the pinnacle of the temple, <sup>6</sup>saying to him, 'If you are the Son of God, throw yourself down; for it is written,

"He will command his angels concerning you",  
and "On their hands they will bear you up,  
so that you will not dash your foot against a stone." '

<sup>7</sup>Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test." '

<sup>8</sup>Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; <sup>9</sup>and he said to him, 'All these I will give you, if you will fall down and worship me.' <sup>10</sup>Jesus said to him, 'Away with you, Satan! for it is written,

"Worship the Lord your God,  
and serve only him." '

<sup>11</sup>Then the devil left him, and suddenly angels came and waited on him.

## **Post Communion**

Lord God,  
you have renewed us with the living bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him  
who is the true and living bread,  
and enable us to live by every word  
that proceeds from out of your mouth;  
through Jesus Christ our Lord.

### **Please remember in your prayers**

Tony Renouf, Hazel and John Greany, Christine Shaw,  
Val Moullin, Brenda Penfold, Alisha De Guerin,  
Andy Mauger, Anthony De La Mare, Lorraine Lewis,  
a woman battling with alcoholism,  
Bridget, Daphne Swann, Roy Sarre,  
Melvyn Boxall, Chris Bellinger, and Janice Firth.

## Services This Week

**Monday 2nd March 10.00am** Little Treasures Toddlers' Group

**Tuesday 3rd March 11.00am** Mass - BCP

**Wednesday 4th March 7.00pm** Discussion Group followed by Compline

**Sunday 8th March**

**The Second Sunday of Lent**

**9.30am** Said Mass with Family Ministry

**11.00am** Sung Mass with Sermon



*A spiritual journey  
towards restoration and renewal*

### Lent Bible Discussion Group

On Wednesday evenings

**starting 4th March**

from 7.00 - 8.15pm.

Each discussion will be followed by  
a short service of Compline.



### Lent Giving

Boxes are available on the black  
chest at the back of Church.

This is an opportunity to donate any money you might have spent on things  
you have given up for Lent and help our two charities,  
MAF & Tumaini.



### Friendship Lunch



**Tuesday 10th March £6.50**

12.00pm in the St Stephen's Community Centre

Fish Pie or Vegetable Pie and Gâche Pudding

Please book by Sunday 8th March

Contact Jean Le Huray Tel 255207

Please join us for refreshments:

- *in the Vicarage after the 9.30am Mass*
- *in the Vestry after the 11.00am Mass*

*After Mass please put the kneelers back on the shelf. Thank you!*

Deadline for notices for next bulletin – **6.00pm Thursday**

To Tony or email [akaines@cwgsy.net](mailto:akaines@cwgsy.net)